The Combination of the Artistic Elements in Creative Design to Enhance the Neuroplasticity. Eng. Sara Nassar,

.

Ability, talent and mental superiority are the essential parts of the creations of the human mind through arts practice. The mind employs many possibilities, such as access to the product in the artistic journey of synergy between deep analysis, experimentation, inference, and imagination skills. Perhaps one of the most important roles played by professional practice is the therapeutic ability uncovering recently after the development of cognitive science, focusing on the impact strength, the unleashed neuroscience mystery about the wholistic creative process. Along the creative journey concentrate to keep track in the brain and to support neuroplasticity; the core of this research. This research is an evidence-based research to open up opportunities and partnerships between the creative arts and neuroscience from the clinical perspective.

This is a comparative research dealing with previous studies and the overlap results, the link between neuroscience and creative arts therapy. The research study explains, analyze and shed light on the results and successful experiences.

Therefore, strong links are to be used in this research study based on specialized tailored support programs in order to raise the process therapeutic qualities of neural flexibility followed automatically by the brain as means of defense to improve its performance. This research is interested in studying the phenomena of some actual cases in this context by reviewing the stages and the results obtained during the relatively short time span.

The research relied on the experimental method in presenting more than one method for applying plastic arts techniques, relying on the principles of painting in expressing psychological projections, as well as the psychology of colors and elements of composition in expressing the emotional creativity of the research sample under study, as the multiple arts schools allow the diversity of expression methods in different ways. Which carries with it concepts, savagery, abstraction, symbolism, the language of dreams, the subconscious, and the subconscious as well.

It is expected that this study will obtain some important evidence that bears the nature of the society under the application of the study during the disclosure about its dealing with artistic culture and the method of saturation and acceptance that it uses to benefit from the nature and knowledge of the practice of the arts and its scientific and educational effects on the formation of the Egyptian personality and the size of its acceptance of interactive education through the integrative process in Art therapy strategy The study is still open and the results are inconclusive, the researcher may need more time to complete the results.

Bio

Sarah Samir Ali Nassar

Academic researcher in art therapy.

Master's degree in applied arts.

A visual artist.

Diploma in art therapy

fellowship of arts in medicine class 2022.

Professional graphic designer.

Involved in direct hospital observation with several categories, children with learning difficulties, assisting cancer fighters, Mental illness and disorders